Elba Public Schools
711 Hill Street | Elba, NE 68832
Phone: (308) 863-2228

Date: October 20, 2026

To the Elba Public Schools Community,

Our district takes great pride in supporting the needs of the whole child to ensure that all students are safe, supported, engaged, and challenged each school day. Research indicates that initiatives focused on improving aspects of students' well-being—such as healthy nutrition, physical activity, and career readiness—are essential for academic success and lifelong health.

In accordance with USDA requirements, Elba Public Schools recently completed the Triennial Assessment of our Local Wellness Policy (LWP). Below is a summary of our assessment results:

Step #1: Policy Comparison & Assessment Summary

Our Local Wellness Policy was evaluated using the Alliance for a Healthier Generation Assessment Tool. Elba Public Schools fully met all federal requirement areas (scoring 2/2 across all 10 checklist components).

- Strengths: Free breakfast and lunch for all students through the Community Eligibility Provision (CEP), local beef integration, 85 minutes/week of PE, daily recess, Naviance SEL curriculum, and a high school CNA Certification Pathway.
- Areas for Improvement: Enhancing community-wide wellness promotion and increasing staff training consistency throughout the school year.

Step #2: Progress Toward District Wellness Goals

1. Nutrition Promotion Goal (Partially Met): Healthy snack guidance was sent to families. While progress was made, non-healthy snacks were still brought to some school events. We will increase monitoring and enforcement during the second semester.
2. Physical Activity Goal (Met): We expanded our K–12 physical education offerings by adding new lifelong activities, including pickleball and table tennis.
3. Other School Wellness Goal (Met): We integrated health-focused career exploration across K–12 using *Naviance* and launched a high school Health Career Pathway that allows students to earn CNA certification before graduation.

Public Involvement & Next Steps

Public input was gathered during Parent-Teacher Conferences, where Mr. Logan Simmerman met with parents to discuss nutritional, physical activity, and wellness initiatives. Moving forward, we will focus on providing ongoing staff wellness trainings throughout the school year and reinforcing healthy snack standards for classroom events.

If you have any questions or would like to participate in our wellness policy committee, please contact Logan Simmerman at logan.simmerman@elbaps.org.

Respectfully,

Logan Simmerman

Wellness Policy Leader / PE Teacher
Elba Public Schools