



Elba Public Schools

Triennial assessment results 2026

Meet our team

- Logan Simmerman - Wellness Contact/Teacher
- Bobby Kelley - Superintendent
- Tim Potter - Principal
- Rosie Palacz - Head Cook
- Kayla Leach - Staff Member
- Tamy Morrow - Staff Member
- Sarah Morrow - Parent



Policy compliance results

Overall Assessment: Elba Public Schools meets all 10 federal/USDA requirement areas on the Alliance for a Healthier Generation Checklist (Score: 2/2 on all items).

Areas of Strength:

- **Nutrition:** Community Eligibility Provision (CEP) providing free breakfast and lunch to all students; inclusion of local beef in the lunch program; Smart Snack Cart.
- **Student Wellness:** Health classes with a Certified Nursing Assistant (CNA) Program of Study; Naviance SEL curriculum; school-wide Brain Breaks; Random Drug Testing program; Elementary Field Day.
- **Physical Activity:** Structured PE program (85 mins/week); daily recess (30 mins/day plus optional 15 mins before school); youth sports and a variety of extracurricular activities.

Opportunities for Improvement:

- Continue promoting and enforcing healthy snack guidelines during classroom parties and special events.
- Encourage broader community promotion of healthy lifestyle activities.
- Further enhance curriculum to introduce additional health profession pathways.

Wellness policy goals

Goal Area	Specific District Goal	Status	Summary of Progress Across Grade Levels (K–12)
1. Nutrition Education & Promotion	Encourage healthy snack options for elementary parties and special events.	Partially Met	Information was distributed to parents at the start of the year. However, during special events across elementary, middle, and high school levels, non-healthy snacks were brought in. Active monitoring and enforcement will be implemented during 2nd semester.
2. Physical Activity	Offer a variety of different curricular activities within our PE curriculum in addition to current offerings.	Met	Evaluated and expanded PE curricular offerings across all grade levels (K–12) to include new lifelong sports such as pickleball and table tennis.
3. Other School-Based Wellness	Implement health-focused career education throughout each	Met	Implemented <i>Naviance</i> across K–12 for health career exploration

	K–12 classroom.		during classroom time. Established a High School Health Career Pathway allowing high school students to earn CNA certification prior to graduation.
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Extent of Compliance with Federal/State Standards

- **Federal/State Meal Standards (School Meals & Smart Snacks):** Compliant
- **Foods/Beverages Offered but Not Sold (Classroom Parties/Incentives):** Compliant
- **Food/Beverage Marketing & Advertising Standards:** Compliant

Key achievements

1. Provided universal free breakfast and lunch to all students via the CEP program and incorporated local beef into meal plans.
2. Established the High School Health Career Pathway enabling students to graduate with CNA certification.
3. Expanded physical activity opportunities across K–12 PE classes with pickleball and table tennis units.

Next Steps

- Increase consistency in staff training by conducting regular Local Wellness Policy (LWP) review sessions throughout the school year (moving beyond initial orientation).
- Implement stricter enforcement and monitoring of classroom party/event snack guidelines during the second semester.
- Continue parent and community outreach regarding nutritional, physical activity, and wellness opportunities